



Personal, Social, Health and Economic Education (PSHE) Policy

Aims and objectives

PSHE in our school aims to explore the knowledge and understanding children need to stay safe, be happy and healthy and fulfil their potential, while also preparing them for life, both in the present and future. It also aims to equip children with the skills they need to live successfully as citizens of the communities to which they belong and enables them to celebrate diversity and treat all people with kindness and respect. PSHE education in our school also strives to assist children to build positive mental health and emotional wellness, by arming them with the understanding of why this is important and how it may be done. We firmly believe that this has a positive impact on the individual, the school community and the wider community both now and in the future.

Pupils learn about relationships, health and wellbeing, keeping safe, managing their off and online lives, living in the wider world and financial education at an age appropriate level. In a safe and managed school environment pupils are given opportunities to explore issues that are real and relevant to them in their daily lives

Our objectives in the teaching of PSHE are for all of our children to:

- manage change
- make healthy and safe choices
- build character
- build and maintain successful relationships
- be resilient, reflective and responsible members of society.

Teaching and learning style

PSHE is taught both as a discrete subject and through other subjects such as Science and RE as well as being interwoven through the whole school via assemblies, use of the zones of regulation, sharing and celebration of individual north stars and mindfulness breaks throughout the day as appropriate. It is also incorporated into some of our themed weeks such as, Be Safe and Be Friendly Week and Sports Week. Our PSHE curriculum is relevant and age appropriate to support the children in their lives now and in the future. All aspects are delivered in a way which is accessible to and inclusive of all pupils. Distancing techniques will be employed in all PSHE lessons, meaning that children are able to engage with and explore issues deeply without having to discuss their own lives and experiences.

PSHE is taught in units and the themes are available to view on the PSHE Skills Progression document on the School website.

<https://primarysite-prod-sorted.s3.amazonaws.com/chalfontstpeterinfantschool/UploadedDocument/b57767b0-b3ed-4fc4-9922-e79c6d08c142/chalfont-st-peter-infant-school-skills-progression-pshe.pdf>

All aims are taught through the three core areas of PSHE and Citizenship education, which are: Health and Wellbeing, Relationships and Living in the Wider World. All lessons will cover content in an age-appropriate manner.

Health and Wellbeing lessons explore physical wellbeing, healthy lifestyles, mental health, growing and changing and keeping safe.

Relationships lessons explore families and close positive relationships, friendships, managing hurtful behaviour and bullying, safe relationships and respecting self and others.

Living in the Wider World lessons explore our shared responsibilities, communities and British Values

Managing difficult questions and confidentiality

In PSHE pupils learn about personal safety, should a pupil make a disclosure to a staff member, this will be reported to the Designated Safeguarding Lead and followed up in accordance with our disclosure procedures. Please see our Child Protection policy on the school website.

Our PSHE provision is underpinned by the 2010 Equalities Act and provides an inclusive curriculum that promotes understanding and mutual respect for all. We reflect diversity within our curriculum to ensure that no pupil feels excluded and teach pupils to understand, respect and celebrate difference and challenge stigma.

Pupils are encouraged to ask questions and raise issues in a respectful and appropriate manner. These will be addressed sensitively in whole class lessons and if required, will be followed up separately on an individual or group basis. A 'Worry Box' is available for pupils who do not feel confident to ask questions or wish to have a separate conversation with a member of staff, the purpose and location of this is explained during assemblies. We also respect that some questions are better addressed at home with parents/carers and the School will share information with them as necessary. Whilst it is vital to have trust and openness, we cannot offer total confidentiality to pupils. Any disclosures or areas of concern will be followed up in accordance with our safeguarding procedures

Contribution of PSHE to the teaching in other curriculum areas

PSHE skills and our School values are embedded within the general context of everyday teaching and school life. PSHE has many facets which permeate throughout the whole curriculum. For example:

- children are taught to listen and respect others opinions during class discussion, whole school assemblies, playtime and lunchtime
- the pupil voice is heard and valued as School Council representatives are elected democratically. Our School Council works with each class and shares information with the whole school regarding initiatives and feedback following their meetings
- The School supports local, national and international charities and causes to help the children understand the needs of communities and the wider world. For example, our yearly Harvest Festival donates food and personal care items to a charity within our locality.
- Every November we sell poppies to raise money for the Red Cross Poppy Appeal. To pay respect for those who fought in the War, we participate in the local communities Remembrance parade. This is also commemorated within a school assembly by observing 2 minutes silence
- As part of their History lessons, Year 2 learn the importance of Remembrance Day
- Children are taught to respect and understand different cultures, religions and beliefs in RE and Geography lessons.

Visitors play an important role in the PSHE programme at the school. Experts in particular areas (nurse, dentist, police officer etc.) are invited into school to share their specialist knowledge and encourage pupils to understand the importance of their role. Visits are organised whenever possible.

PSHE and inclusion

We are committed to a policy of equal opportunities for all pupils. PSHE is an entitlement for all pupils, regardless of their own particular beliefs, gender, social class or ability; the curriculum and learning approaches are planned with this in mind.

Assessment for learning

As part of our School whole child approach, we place a great emphasis on the knowledge and skills obtained through PSHE learning. We assess through revisiting prior learning, discussions and questioning, addressing any misconceptions as they arise.

Monitoring and review

PSHE provision will be monitored and evaluated by the PSHE Lead, SLT and PSHE Governor; the policy will be reviewed every two years. However, the policy may be reviewed earlier if the government introduces new regulations.